

The Sandwich Range

A suitable leaf for every sandwich



RIJK ZWAAN

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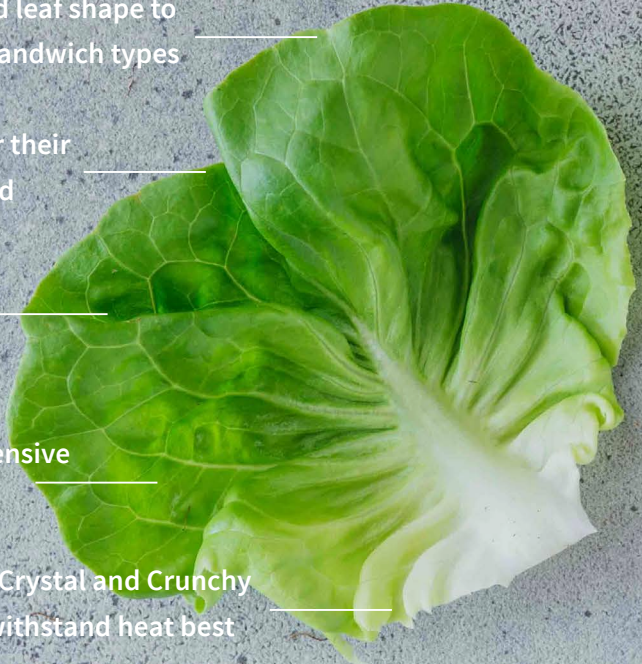
Leaf size and leaf shape to
fit specific sandwich types

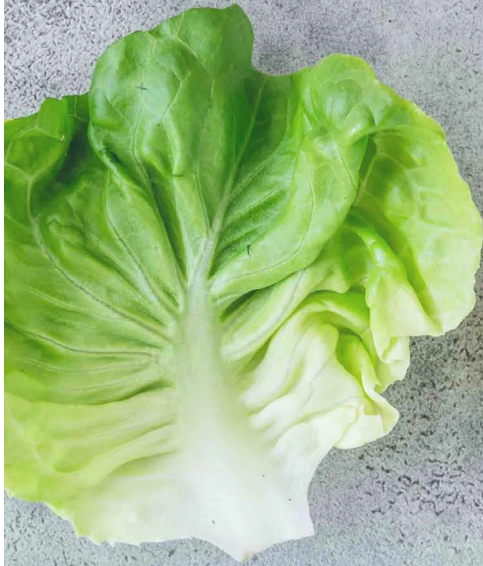
Varieties are chosen for their
high leaf count per head

And for their high leaf
count per kilo or pound

Varieties have passed extensive
heat and acidity testing

Iceberg, Crystal and Crunchy
lettuce withstand heat best





Sandwiches are an all-day favourite, and each country or region boasts its distinct preferences when it comes to bread varieties, shapes, sizes, and sandwich fillings.

However, there's a common element among them all: the inclusion of a vibrant green garnish. Lettuce plays a crucial role by infusing sandwiches with freshness, colour, and a satisfying crunch. Nonetheless, it often faces the challenge of wilting when paired with acidic dressings or hot fillings. Rijk Zwaan provides a selection of lettuce varieties specifically engineered to withstand these demanding conditions.

“Enjoy every sandwich!”

Bauke van Lenteren
Specialist Marketing Convenience & Leaf
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Classic triangles

Salanova® Crispy
Exaudio RZ

Open Heart Cos
Catriona RZ

Salanova® Crispy has vibrant green, crispy leaves which fit perfectly in a classic triangle.



LOCK N°6, CENTRE LANE

Produce all sourced from local growers and suppliers.

PREPARED BY
D.L.E.A. JOHNSON, DROUGHT,
1000 HUNTERS HILL, SYDNEY, NSW

ground
back crew
wine short
link sausage
shoulder brisket
pork belly
frankfurter
metta bitlong burgdog
gen chuck brisket ground
round pastrami fatback
kevin picanha. Hamburger
druastick capicola chuck
pasarami, fillet mignon
turducken ground round
flank proscutto pork chop
sausage beef chicken jowl.

Burgers

Hot sandwiches are always challenging for lettuce, but firm, crispy lettuce types like Iceberg, Crystal, Batavia and especially Crunchy Lettuce are most able to withstand heat.

Crystal Lettuce

Lalique RZ



Crunchy Lettuce

Gabita RZ



Salanova® Batavia

Yacht RZ



Baguettes



Open Heart Cos
Catriona RZ



Batavia Lettuce
Station RZ

Open Heart Cos has an abundance of long, narrow, evenly sized leaves which fit perfectly on a French baguette. Its small, solid mid-rib minimises pinking to give a better shelf life after processing.



Sub sandwiches

Quick-service restaurants increasingly use whole leaves in sandwiches. Attractive frilly leaf edges make Batavia lettuce very popular, and Crunchy Lettuce stays firm even with an acidic dressing.

Batavia Lettuce
Station RZ



Crunchy Lettuce
Gabita RZ



Wraps



Crunchy Lettuce
Gabita RZ



Open Heart Cos
Catriona RZ



Butterhead Lettuce
Alyssa RZ

Wraps are becoming a popular alternative to sandwiches. The small mid-rib of Open Heart Cos does not puncture the wrap and Crunchy Lettuce stays firm with a hot filling.



European bun

Small, round, crusty rolls with a filling are popular sandwich choices in Europe. Curly and colourful lettuce varieties fit this type of bread perfectly.

Crystal Lettuce

Scamander RZ



Lollo bionda

Limambo RZ



Flat bread

Midi Cos

Rabello RZ

Crunchy Lettuce

Gabita RZ

Flat bread is increasingly gaining ground in the sandwich market. It is a healthy option which deserves a crisp whole leaf like Midi Cos or any other Crunchy Lettuce.



Low-Carb wrap

Butterhead lettuce, with its large, sturdy leaves, is the ideal choice for a low-carb sandwich. Its generous size allows you to wrap it tightly around the filling, and its smooth, velvety texture ensures a comfortable grip.

Butterhead Lettuce
Alyssa RZ



Appetisers

Crunchy Lettuce opens up new opportunities to serve healthy appetisers or snacks. Crunchy Lettuce leaves retain their shape with warm and acidic filling.

Mini Crunchy Lettuce

Tendita RZ



Midi Cos

Rabello RZ





FRESH C
AH SCHLITTEL
& SONS

Headed by
MAYOR'S
BARLEY HARVESTING
SNONTSURY

THE
BARLEY HARVESTING
SNONTSURY

CHURCH

TOWN HALL
MEETING

Lettuce types

Batavia



Butterhead



Crunchy Lettuce large



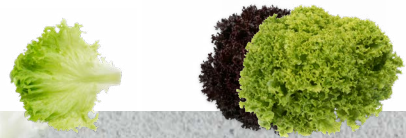
Crunchy Lettuce small



Crystal Lettuce



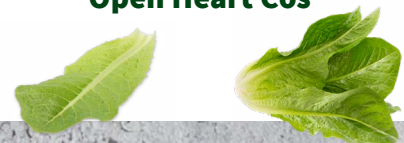
Lolla Bionda & Rossa



Midi Cos



Open Heart Cos



Salanova® Batavia



Salanova® Crispy





Love my Salad, an initiative by Rijk Zwaan, is a consumer platform focused on vegetables. We aim to promote and inspire about the world of veggies.

By collaborating with a diverse network of chefs, food influencers and vegetable growers, we inspire consumers in over 20 countries to incorporate more vegetables into their diets.

LOVE *My*
SALAD

Are the sandwiches in this booklet sparking your inspiration? Visit our website to uncover these tasty recipes!





RIJK ZWAAN

Rijk Zwaan's descriptions, illustrations, growing advices and any other information in whatever form for example on expiry, sowing, planting and harvesting dates are based as precisely as possible on experiences in trials and in practice. However, Rijk Zwaan does not accept in any case liability for damages resulting from the use of such descriptions, illustrations, growing advices and information. The buyer/user itself is responsible for proper storage of the seeds and will be deemed to determine whether the products and growing advices are suitable to be used for the intended cultivations and under the local conditions.

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